

TIME USE SURVEY

INTERVIEW VERSION 1

Verbal introduction

I am going to ask you some questions about different types of activities that you may or may not have done over the last month. The last month includes from *[today's date minus one month]* up to but not including today.

I'm interested in adding up how much time you have spent doing different activities so I'll you to be as specific as you can. It doesn't matter if you can't remember exactly, please just give me your best guess and we will try and work it out together. Please feel free to use your diary, calendar, timetable or anything you like that might help remind you how you spent your time.

Please feel free to answer the questions however is easiest to you, for example thinking about total time in the past month or hours per week or per day.

1. EMPLOYMENT

1.1 Did you do any paid work in the last month, either as an employee or self-employed?

YES → ASK DETAILS
NO → GO TO 1.3

Details:

1.2 How many hours a week do you usually work in your main job? Include any overtime. How many hours have you worked in the last month?

Usual hours/week:

Hours worked in last month:

1.3 Over the last month have you been away from your main job?

YES → ASK DETAILS
NO → GO TO 1.4

Details:

1.4 Have you ever had a paid job?

YES → ASK DETAILS
NO → GO TO 2. EDUCATION AND TRAINING

Details (What was the job? When did you leave the job? Etc.)

2. EDUCATION AND TRAINING

2.1 Have you been studying for any formal qualifications in the last month?

YES → ASK DETAILS
NO → GO TO 2.2

Details (e.g. what, where, full/part time, hours in the last month?)

| |
|--|
| |
|--|

2.2 In the last month, have you been on any taught courses or undertaken learning of any of the following sorts:

| | |
|---|--|
| Taught courses meant to lead to qualifications (even if you did not obtain them) | |
| Taught courses designed to help you develop skills that you might use in a job | |
| Courses or instruction or tuition in driving, in playing a musical instrument, in an art or craft, in a sport or in any practical skill | |
| Evening classes (e.g. art/craft, languages, cookery) | |
| Learning which involved working on your own from a package of materials provided | |

IF YES TO ANY OF THE ABOVE → ASK DETAILS
IF NONE OF THE ABOVE → GO TO 3. VOLUNTARY WORK

Details (e.g. what, where, full/part time, hours in the last month?)

| |
|--|
| |
|--|

2.3 On how many occasions in the last month did you spend time studying outside of teaching sessions? How many hours? Please include any time spent on coursework, homework, revision, studying and any field-trips.

Details (e.g. what, where, full/part time, hours in the last month?)

| |
|--|
| |
|--|

3. VOLUNTARY WORK

3.1 Have you done any voluntary work through a group or on behalf of an organisation at any time during the last month?

YES → ASK DETAILS
NO → GO TO 3.2

Details of voluntary work (e.g. what, where, for whom, full/part time, hours in the last month?)

3.2 Have you done any unpaid work for anybody else e.g. running errands for elderly relatives?

YES → ASK DETAILS
NO → GO TO 4. LEISURE AND SPORTS ACTIVITIES

Details of voluntary work (e.g. what, where, for whom, full/part time, hours in the last month?)

4. LEISURE AND SPORTS ACTIVITIES

4.1 I am now going to ask some questions about things that some people do in their spare time. For each activity that I mention could you please tell me whether or not you have done this in the last month AND how many times?

| ACTIVITY | NUMBER OF TIMES | AMOUNT OF TIME |
|---|-----------------|----------------|
| Been to cinema | | |
| Been to an event as a spectator (e.g. sports event, theatre, live music performance) | | |
| Been to a museum, art gallery or heritage site | | |
| Been to a library | | |
| Been out to eat or drink at a café, restaurant, pub or wine bar | | |
| Been to a shopping centre, or mall, apart from regular shopping for food and household items | | |
| Been to some other place of entertainment (e.g. dance, club, bingo, casino) | | |
| Been on any other outdoor trips (including going to places of natural beauty, picnics, going for a drive or going to the beach) | | |
| Been involved in any community-based activities (e.g. Scouts, church) | | |

4.2 I am now going to ask about sports activities. Could you please tell me whether or not you took part in any of these sports in the last month AND how many times?

| ACTIVITY | NUMBER OF TIMES | AMOUNT OF TIME |
|--|-----------------|----------------|
| Swimming | | |
| Cycling | | |
| Gym/weight training | | |
| Exercise classes (e.g. aerobics, martial arts) | | |
| Team sports (e.g. rugby, football, cricket, hockey, netball) | | |
| Racquet sports (e.g. tennis, badminton, squash) | | |
| Jogging, cross country, road running | | |
| Walking or hiking for 2 miles or more (recreationally) | | |
| Climbing/mountaineering | | |
| Fishing | | |
| Golf | | |
| Horse riding | | |
| Pub games (e.g. snooker, pool, darts) | | |

5. SOCIALISING

5.1 Direct/Face-To-Face Socialising

How many occasions in the last month have you seen friends, either visiting them at home or receiving visitors at home? How much time did you tend to spend socialising on each occasion? How much time have you spent actively socialising with people with whom you live?

Details (e.g. who, where, hours in the last month?)

5.2 Indirect/Online Socialising

How much time in the past month have you spent actively socialising with other people indirectly? This includes phone calls, video calls, text messages, instant messages, social media, online gaming and any other indirect socialising. Please only include the time you spent actively communicating with other people – including speech, video, and text.

Details (e.g. who, what, how, hours in the last month?)

6. CHILD CARE

6.1 Are you responsible for the care of any children?

YES → GO TO 6.2
NO → GO TO 7. HOUSEWORK AND CHORES

6.2 How many children do you have? How old are they? Are you their primary carer (i.e. parental responsibility or guardianship)?

| |
|--|
| |
|--|

6.3 How much time in the past month have you spent doing things with your children?

| | |
|--|--|
| Physical care (e.g. feeding, dressing, washing) | |
| Supervision (inside and outside) | |
| Teaching children (e.g. helping with homework) | |
| Reading, playing and talking with children | |
| Accompanying child (e.g. to school, doctor, friend's house, etc) | |

7. HOUSEWORK AND CHORES

7.1 How many people do you live with? Who is mainly responsible for the housework and chores?

| |
|--|
| |
|--|

7.2 How much time in the last month have spent doing housework and chores per week?

| | |
|--|--|
| Food management and preparation (including making drinks, snacks, cooking, baking and preparation) | |
| Cleaning, dusting, vacuuming, washing dishes | |
| Food shopping | |
| Washing/laundry | |
| Gardening | |
| DIY and repairs | |